

"**Demystifying Death**" addresses anxieties about death and dying. For many, the abrupt finality of death makes life itself seem futile. By exploring how our life force "our immortal soul" never ends but merely shifts roles, we begin to view life and death as two harmonious steps on the same journey.

Join us on **July 5th** at **6:30** with **Knishes and Deli sandwiches** as we uncover the true meaning of immortality, and gain insights that may transform the way we live our lives in the present.

Register here: www.chabadofmaine.com/feelgood

Looking forward to seeing you!

Warmest regards,

Rabbi Levi